

Immediate Release

**Towngas Rice Dumplings for The Community**  
Low Carbon Rice Dumplings X Mocktail Workshop  
Promotes Low Carbon Diet to Students

(25 May 2011) Celebrating the Dragon Boat Festival, The Hong Kong and China Gas Company Limited (Towngas) extended the spirit of its annual charitable campaign “Towngas Rice Dumplings for The Community” further this year. With the help of the Towngas Volunteer Team, Towngas held the Low Carbon Rice Dumplings X Mocktail Workshop today at Ling To Catholic Primary School and showed students how to save the world with the creative, low carbon festive food and warm the community in an eco-friendly way.

By teaching about 100 primary school students to wrap the colorful red bean rice dumplings, the volunteers not only passed on the culinary tradition, but also planted the concept of environmental protection in the mind of the younger generation and demonstrated that a low carbon lifestyle can be realized through low carbon diet. Instructors of the Towngas Cooking Centre also came on stage to wrap some original low carbon rice dumplings and prepare several refreshing summer mocktails. A fun-filled dumpling decoration competition was also held where students flexed their creative muscles to adorn dumplings with happy smiley faces.

On the other hand, Towngas has organized the “Low Carbon Action” campaign for several years to encourage low carbon lifestyle and a more environmentally friendly community by advocating four low carbon dietary practices: seasonably available ingredients, locally produced ingredients, more vegetables and less meat, and adequate meal portion. By wrapping low carbon rice dumplings, volunteers and students shared the delicious festive food as well as low carbon diet with the community as they celebrated a meaningful festival.

Wong Sau-ying, Head of Corporate Communications of Towngas, said, “It marks the 12th ‘Towngas Rice Dumplings for The Community’ charitable campaign. In addition to inviting volunteers from 18 districts to prepare 230,000 rice dumplings for those in need, Towngas also supplied ingredients to 56 schools to promote low carbon diet through the traditional practice, making the activity even more meaningful.”

Cheung Tin-tai, Vice-Principal of Ling To Catholic Primary School, said, “We are pleased to join the Low Carbon Rice Dumplings X Mocktail workshop organized by Towngas. While students have a better understanding of the Chinese tradition, more importantly they learn to lead a low carbon lifestyle and realize the importance of environmental protection.”

Cheung, a student of Ling To Catholic Primary School, said, “It was the first time I wrap a rice dumpling and it was very interesting and satisfying. Apart from learning the wrapping skills from the volunteers, I also understand that we can make a rice dumpling in a low carbon way. I will encourage my family to live a low carbon life from now on!”

Besides, Towngas will join hands with over 220 volunteers, including Legislative Councillors, District Councillors, members of local organizations and students of 56 kindergartens, primary and secondary schools, to wrap 230,000 rice dumplings for elderly living alone and those in need before the Dragon Boat Festival, spreading love and care around the community.

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Press Photos



(Photo 1) At the Towngas Rice Dumplings for The Community Low Carbon Rice Dumplings X Mocktail workshop, instructor of the Towngas Cooking Centre, students of Ling To Catholic Primary School and Fala Chen, renowned actress, wrapped three original low carbon rice dumplings, namely (from left to right) Low Carbon Sweet Pumpkin Rice Dumpling, Low Carbon Sweet Potato and Pumpkin Rice Dumpling and Low Carbon Pumpkin and Chicken Brown Rice Dumpling. They also use local seasonal ingredients to prepare three low carbon mocktails,

namely (from left to right) The Low Carbon Breeze, House of Low Carbon and Low Carbon Summer, upholding the principles of low carbon diet: seasonably available ingredients, locally produced ingredients, more vegetables and less meat, and adequate meal portion.



(photo 2) At the Towngas Rice Dumplings for The Community Low Carbon Rice Dumplings X Mocktail workshop, instructor of the Towngas Cooking Centre, students of Ling To Catholic Primary School and Fala Chen led about 100 students to join the rice dumpling decoration competition. They adorned their dumplings with creative smiley faces, filling the room with joy and laughter.



(photo 3) Wong Sau-ying, Head of Corporate Communications of Towngas, presented a certificate to Ling To Catholic Primary School at the Towngas Rice Dumplings for The Community Low Carbon Rice Dumplings X Mocktail workshop. This is the 12<sup>th</sup> consecutive year for Towngas to organize the “Towngas

Rice Dumplings for The Community”, and Towngas will supply ingredients to Legislative Councils, District Councils, local organizations and 56 secondary and primary schools and kindergartens in various districts so that they can wrap 230,000 low carbon rice dumplings for those in need.



(photo 4) At the Towngas Rice Dumplings for The Community Low Carbon Rice Dumplings X Mocktail workshop, Cheung Tin-tai, Vice-Principal of Ling To Catholic Primary School was pleased to join the Low Carbon Rice Dumplings X Mocktail workshop organized by Towngas. In addition to helping students gain a better understanding of the Chinese tradition, he thought it was more importantly that they learnt to lead a low carbon lifestyle and realized the importance of environmental protection.



(photo 5) Volunteers of Towngas taught students to wrap the low carbon red bean rice dumplings in the Towngas Rice Dumplings for The Community Low Carbon Rice Dumplings X Mocktail workshop. Students enjoyed wrapping rice dumplings in an environmentally friendly way.



(photo 6) The Towngas Volunteer Team and students of Ling To Catholic Primary School made their low carbon rice dumplings in the Towngas Rice Dumplings for The Community Low Carbon Rice Dumplings X Mocktail workshop, and spread the love and joy to the community with their delicious dumplings.