





Towngas, Institution of Dining Art and Hong Kong Sheng Kung Hui Welfare Council co-host We Can Cook rice dumpling event in promotion of inter-generation inclusion

(6 June 2019) On 1 June, The Hong Kong and China Gas Company Limited (Towngas), Institution of Dining Art and Hong Kong Sheng Kung Hui Welfare Council Limited (Welfare Council) a co-organised the We Can Cook Phase 3 inauguration ceremony, which included a rice dumpling event in celebration of Dragon Boat Festival. Families with members from across three generations worked together to wrap rice dumplings and divulged their secrets to intergeneration inclusion, while students from the We Can Cook programme as well as representatives from restaurants and Towngas shared ways to strengthen the bond between generations. Parent-child reading expert Joyce Choi also contributed her insights on family bonding, making for a harmonious family event.

Isaac Yeung, Towngas General Manager - Corporate Affairs, remarked, "Towngas hopes to bring innovative social services to the community. We have hosted the city's first 'young old' cooking programme since 2016, which has grown to become an exemplary collaboration between the business and social service sectors. In the past two years, Towngas has offered our well-equipped and comfortable cooking centres as class venues, a place for the 'young old', or early retirees, to broaden their social circle and gain confidence in rebuilding their role in the family. This year marks Towngas' third year supporting the We Can Cook programme. We hope to pool together resources and professional knowledge from various sectors of our society to give back to the community and create significant social value."

Henry Ma, First Vice-chairman of Institution of Dining Art, stated, "The We Can Cook programme helps young retirees reinvent their role in the family through cooking, as they embark on their second life planning opportunity. Phase three of We Can Cook will go beyond the traditional method of teaching indoors or at community centres, and bring the classroom into the community and restaurants in shopping centres, where restaurant owners and chefs can share their operational experience as well as culinary know-how. This not only encourages the young old to consider joining the food and beverage industry, but also gives industry professionals a glimpse at the needs of the senior market."

Joseph Man, Deputy Director of Hong Kong Sheng Kung Hui Welfare Council, said in his speech, "Eating together fosters bonds. As the young old is typically the one who prepares family meals, they are in a position to enhance family members' interaction and inclusion through the innovative cooking methods they have learned. We are grateful for We Can Cook's bringing restaurant chefs into the community for three consecutive years, teaching their signature cooking skills to the young old, thereby enhancing the quality of the bond amongst over 500 families. Our upcoming collaborations will centre around today's theme so that participants can enjoy the taste of joy, care and harmony through cooking."

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Press photos:



Isaac Yeung (3rd from left), Towngas General Manager - Corporate Affairs, Henry Ma (4th from left), First Vice-chairman of Institution of Dining Art, Joseph Man (5th from right), Deputy Director of Hong Kong Sheng Kung Hui Welfare Council, demonstrate the art of wrapping rice dumplings with guests and participants.



Towngas volunteer lending a hand to a family of three generations wrapping rice dumplings.



Lam Ming-wing, Towngas China Company Limited Senior Vice President, and his family feel that the secret to a happy family and inter-generation inclusion is honesty, appreciation and compromising.



A family of three generations is challenged to wrap a rice dumpling with one person's eyes covered and another using only one hand, symbolising a family contributing their respective skills to achieve success.



Joyce Choi sharing the secrets to a harmonious family.



Towngas, Institution of Dining Art and Hong Kong Sheng Kung Hui Welfare Council co-organised the inauguration ceremony of We Can Cook (Phase Three) and a rice dumpling wrapping event to promote the key to multigeneration inclusion.

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